

WANDER WITHIN

Client Consent, Acknowledgment & Cancellation Policy

Client name: _____ Date: _____
Phone: _____ Email: _____
Emergency contact: _____ Emergency phone: _____

Services & Scope

Wander Within offers wellness, relaxation, reflective, educational, and spiritual-support services, which may include Reiki, Yoga Nidra, Soul Coaching/Spiritual Wellness, Toe Reading, Symbolic Card Reading, classes, and related practices. These services are complementary in nature and are not medical care, mental-health treatment, diagnosis, psychotherapy, or a substitute for care from a licensed healthcare professional. Experiences and outcomes vary; no specific result is guaranteed.

Participation, Comfort & Personal Responsibility

I choose to participate voluntarily. I may ask questions, decline an activity, request a change, take a break, or end a session at any time. I am responsible for communicating relevant limitations, injuries, pregnancy, mobility concerns, sensitivities, or other information that may affect my comfort or safe participation. Medical or mental-health concerns should be addressed with an appropriate licensed professional.

Touch Consent - Reiki & Related Sessions

Some Reiki or relaxation sessions may involve light, non-invasive touch when appropriate. Touch is never required. My preference for today's session is:

☐ Light touch is okay	☐ Hands-off only	☐ Please ask me during the session
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Reflective & Spiritual Practices

Coaching, toe reading, symbolic card reading, ritual, and similar offerings are intended for reflection, self-exploration, and personal insight. Interpretations or suggestions are invitations for reflection, not predictions, diagnoses, or professional legal, financial, medical, or mental-health advice. I remain responsible for my own choices and decisions.

Privacy

Wander Within will treat information shared during private sessions with care and discretion. These services are not represented as legally privileged healthcare or psychotherapy. Information may be disclosed when required by law or when necessary to respond to an immediate safety concern.

Cancellation, Rescheduling, No-Shows & Late Arrivals

24-hour notice: Please provide at least 24 hours' notice to cancel or reschedule. Cancellations with less than 24 hours' notice and missed appointments may be charged up to the full scheduled session fee. Wander Within may waive the fee when circumstances warrant, including emergencies.

Late arrivals: A late session may need to end at the originally scheduled time so the next appointment is not delayed, and the full session fee may still apply. If Wander Within must cancel or reschedule, I will not be charged for the affected appointment.

Acknowledgment & Consent

By signing below, I confirm that I have read and understand this form, have had the opportunity to ask questions, and voluntarily consent to participate in Wander Within services. I understand the scope and limitations described above and agree to the cancellation and scheduling policy.

Client signature: _____ Date: _____
Parent/guardian signature (if applicable): _____ Date: _____

Optional notes, accommodations, boundaries, allergies/sensitivities, or anything you would like me to know:

